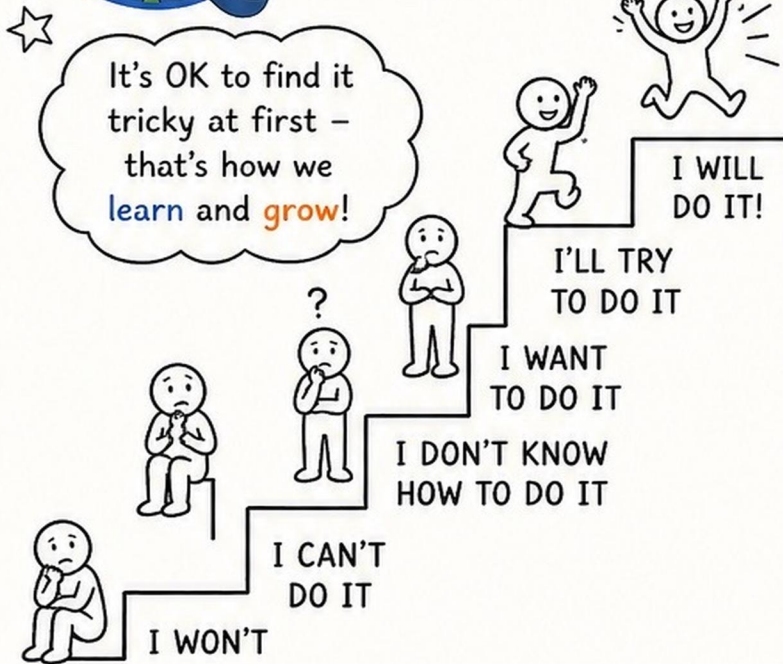


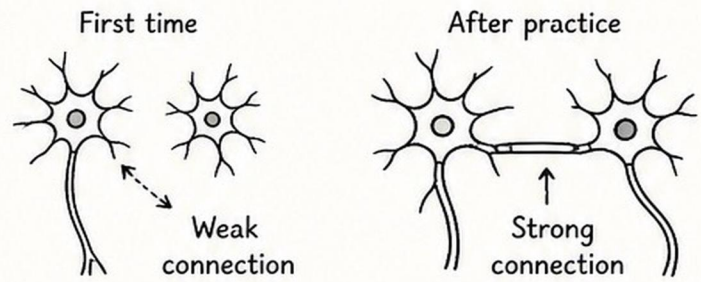


NEW THINGS START WITH ONE STEP



WHY DOES IT GET EASIER?

Every time you practice, you build stronger connections in your brain.



This gap is called a **synapse**. It's like a tiny bridge between brain cells.

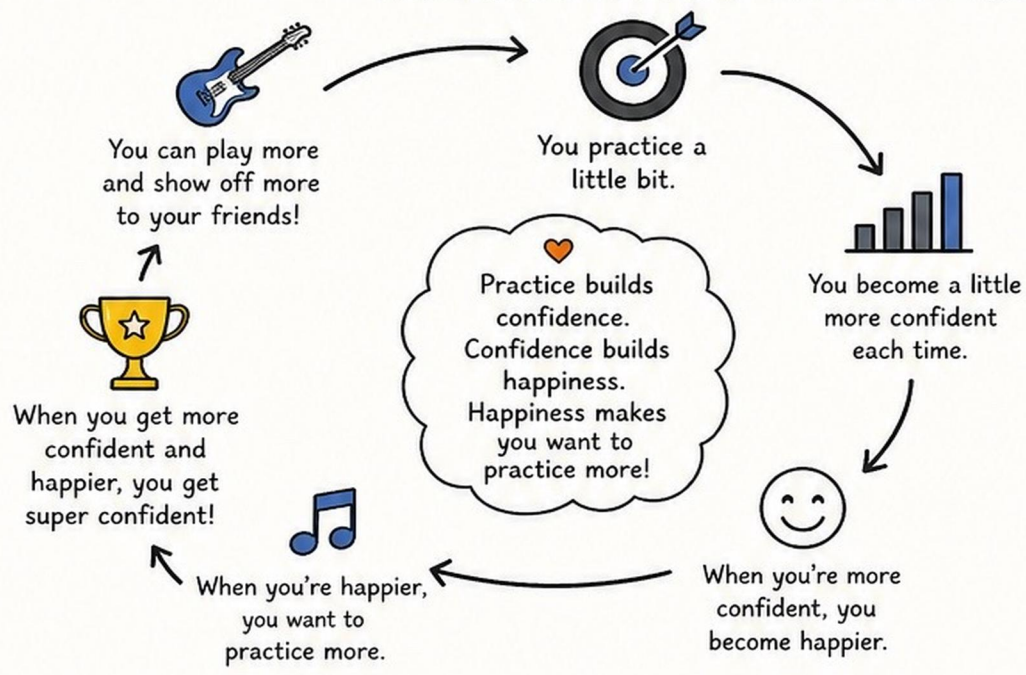
More practice = stronger connections
Stronger connections = things get easier!

★ Remember: You don't have to be great at something new YET. Keep going, keep practising, and you WILL get there!

Bandy
The Ultimate Primary School Band Experience

THE POWER OF PRACTICE

Small steps. Done often. Over time. That's how you get better!



- ### MAKE PRACTICE EASY!
- Start small**
Even 5 minutes is a win.
 - Do it at the same time**
Make it part of your day.
 - Have everything ready**
Less fuss = more practice.
 - Track your progress**
Seeing progress is motivating!
 - Make it fun**
Play songs you love!
- ♥ Good habits today, amazing skills tomorrow!



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